



THE KARATE CLUB AT UC RIVERSIDE

カリフォルニア大学リバーサイド校の空手クラブ

Welcome Shihans, Senseis, Senpais and fellow Karate-ka Family,

Greetings from the Karate Club at UC Riverside, we're proud and pleased to present to you another great experience of our version of the merging of traditional and modern styles for Karate-Do. Please save the date your calendars, as we are proud to announce the third annual karate tournament hosted by the Karate Club at UC Riverside, the 4th annual UCR Highlander Karate Cup on April 23rd 2016.

This 2016, the **UCR Highlander Karate Cup** will once again be held inside the University of California, Riverside at the UC Riverside Student Recreation Center (900 University Ave. Riverside, CA 92521). Come join us for a competition display of all the Japanese/ Okinawan Traditional Styles of *Kata* and a mixture of traditional and modern *Kumite* competitions, which is a great spectacle to watch and be a part of.

The competition schedule will be adhered to begin with all children's *Kobudo*, immediately followed by the upcoming generation all throughout the day of youth *Kata & Kumite*, then *Team Kata*, main events adult *Kata & Kumite* and introducing *Team Kumite*, and *Team Kata* with *Bunkai* to conclude it all. The Adult Black Belt Divisions (18-35 yrs.) will begin at 11am.

The competition will be composed of traditional and modern competition rules. *Kata* and *Kobudo* division will feature single eliminations where flags will determine the winner of each round following the standard WKF rules. All *Kumite* divisions will follow *Gohon Shobu Kumite*, the mixture of WKF and *Ippon Shobu* style *Kumite*. In addition, we will have a *Kata* division of 17 years and above Black Belt Shotokan *Kata* only (to keep the tradition of over 40 years of competition in Riverside. At the door registration will begin at 7:30am ending at 10am and competition will begin sharply at 9:30am.

The Karate Club at UC Riverside would like to thank everyone that supported us these past three years. We will continue with this tradition and give back to you a high intensity and family feel competition. On April 23rd, 2016, join us in honoring and representing your Dojo/ Organization, your *Shihan*, and your *Sensei* at the **UCR Highlander Karate Cup**.

Sincerely,

Sensei Roesha Hightower
Karate Club at UCR Chief Instructor
Tournament Director



UCR HIGHLADER KARATE CUP

GENERAL COMPETITION RULES

General:

- Referee Attire: White dress shirt, Red/ Blue Tie, Gray Slacks
- Coaches Attire: Official Tracksuit of their organization/ dojo worn at all times throughout the tournament.
- All competitors must wear a clean White *Karate* Uniform.

Kata & Kobudo:

- Modified NKF/ WKF Rules Applied: Flag elimination style of competition.
- Flags will determine the winner of each round.
- *Kobudo*: Complete loss of control will result in disqualification.
- Beginner Divisions perform basic *Kata* (*Taikyoku*, *Heian/Pinan*, etc.).
- *Kobudo*, Intermediate, Advance, Senior and Masters Divisions may perform any *Kata*.
- *Kobudo*, Beginner and Intermediate divisions are allowed to repeat *Kata*.
- Brown Belts can repeat first *Kata* after performing a second *Kata*.
- Seniors and Masters Divisions are not allowed to repeat *Kata*.
- All competitors must notify the Score Table of the *Kata* they wish to perform prior to each round.

Kumite:

- **Mandatory equipment are mouthpiece, groin protector (males), Red, Blue, White Fabric or WKF approved mitts only. Foot and Shin Protectors are optional.**
- **Only safety glasses with a restraining band or soft contact lenses are allowed.**
- **Due to technology, points will be displayed as followed: *Waza-Ari* (One Point), *Ippon* (Two Points).**
- *Gohon Shobu Kumite*: 10 Points in total for Match Win for all Divisions.
- Time Duration of Match/Bout
 - Ages: 17 and Under, Beginner/ Intermediate Adults & Masters Division
 - 2:00 Time Limit
 - Running Time
 - Ages: 18-35; Advance & Seniors Division
 - 3:00 Time Limit
 - Stop Time
- In the event of a Tie: *Enchosen* (first point wins), with a One-minute time limit.
- Beginner & Intermediate Division will be absolutely NO head or face contact.
- Penalties:
 - Category 1: Excessive contact; contact to the throat, attach to the arms, legs, groin, joints or instep, open hand attacks to the face, dangerous/ forbidden throwing techniques causing injury.
 - Category 2: Faking/exaggerating injury, *Jogai*, grabbing and attempting to throw a genuine attack, pushing, wrestling or seizing without attempting a striking technique; uncontrolled techniques, attacks with the head, knees or elbows, not protecting oneself; talking to or goading the opponent, failing to following referee's order or any discourteous behavior.
- Scoring Criteria
 - *Ippon*: Any legal *Jodan* (Face level) technique, which is unguarded. Any legal scoring technique delivered after a sweep, takedown, thrown, or fallen opponent. A combination in which two or more techniques land on the legal target areas.
 - *Waza-Ari*: *Chudan* (mid-level) kicks and punches. Any legal techniques that broke through a defense in either *chudan* or *jodan* level.

FOR FULL COMPETITION RULES AND REGULATION, VISIT THE FOLLOWING LINK:

<https://highlanderlink.ucr.edu/organization/karate/documentlibrary>



UCR HIGHLANDER KARATE CUP
 HOSTED BY: The Karate Club at UC Riverside
 Saturday, April 23, 2016

UNIVERSITY OF CALIFORNIA, RIVERSIDE (STUDENT RECREATION CENTER)
900 UNIVERSITY AVENUE RIVERSIDE, CA 92521

Registration:

One Event: \$40 Team Kata: \$30 (per team)
 Two Events: \$45 Team Kata w/ Bunkai: \$30 (per team)
 Three Events: \$50 Team Kumite: \$30 (per team)
 Four Events: \$55 Coaches Pass \$10 (ATD)

All Checks Payable to: Karate Club @ UCR

Mail To: *Karate Club @ UCR*
Student Life HUB 229
900 University Ave.
Riverside, CA 92521

Pre-Registration ends: April 14, 2016
Additional \$5 At the Door (ATD)

TOTAL: _____

KATA EVENT # _____ **SHOTOKAN KATA #** _____ **KUMITE EVENT #** _____

KOBUDO EVENT # _____ **TEAM KATA #** _____ **TEAM KATA W/ BUNKAI #** _____

TEAM KUMITE # _____ **(ONE REGISTRATION FORM PER TEAM)**

NAME: _____ **AGE:** _____ **BIRTHDAY:** _____

ADDRESS: _____ **CITY:** _____ **STATE:** _____

ZIP CODE: _____ **COUNTRY:** _____

EMAIL: _____ **RANK:** _____

INSTRUCTOR: _____ **DOJO:** _____

STYLE: _____ **ADDRESS:** _____

CITY: _____ **STATE:** _____ **ZIP CODE:** _____ **COUNTRY:** _____

Release, waive, discharge and covenant not to sue the KARATE CLUB AT UC RIVERSIDE, the UNIVERSITY OF CALIFORNIA, RIVERSIDE, or the STUDENT RECREATION CENTER, its officers, its affiliated club, regional sports organizations, their respective administrators, agents, coaches, and other employees of the group, other participants, sponsoring agencies, sponsors, advertisers and is applicable, owners and leases of premises used to conduct the event, all or which are here in after refer to as "releases" from any and all liability to each of the undersigned, his or hers and next of kin for any and all claims, demands, losses or damages in account of injury including death or damage to property; caused or alleges to be caused in whole or in part by the negligence of the release or otherwise. I understand that any medical treatment given will be of a first aid treatment type only.

ALL ENTRIES ARE FINAL. NO REFUNDS WILL BE GIVEN.
NO CHECKS ON TOURNAMENT DAY. NO EXCEPTIONS.

 Signature of Contestant

 Signature of Parent or Guardian (If Under 18)

 Date

 Date

Participant's Name (Please Print): _____
UNIVERSITY OF CALIFORNIA, Riverside
Karate Club at UCR

Waiver of Liability, Assumption of Risk, and Indemnity Agreement

Waiver: In consideration of permission to use, today and on all future dates, the property, facilities, staff, equipment and services of the [Karate Club at UCR], I, for myself, my heirs, personal representatives or assigns, **do hereby release, waive, discharge, and covenant not to sue** The Regents of the University of California, its directors, officers, employees, and agents from liability **from any and all claims including the negligence of the** [Karate Club at UCR] resulting in personal injury, accidents or illnesses (including death), and property loss arising from, but not limited to, participation in activities, classes, observation, and use of facilities, premises, or equipment.

Signature of Parent/Guardian of Minor Date

Signature of User Date

Assumption of Risks: Physical activity, by its very nature, carries with it certain inherent risks that cannot be eliminated regardless of the care taken to avoid injuries. The [Karate Club at UCR] has facilities for and provides for activities such as weight lifting, running, aerobic activities, classes and sporting activities. Some of these involve strenuous exertions of strength using various muscle groups, some involve quick movements involving speed and change of direction, and others involve sustained physical activity which places stress on the cardiovascular system.

The specific risks vary from one activity to another, but the risks range from 1) minor injuries such as scratches, bruises, and sprains 2) major injuries such as eye injury or loss of sight, joint or back injuries, heart attacks, and concussions 3) catastrophic injuries including paralysis and death.

I have read the previous paragraphs and I know, understand, and appreciate these and other risks that are inherent in the activities made possible by the [Karate Club at UCR]. I hereby **assert that my participation is voluntary and that I knowingly assume all such risks.**

Indemnification and Hold Harmless: I also agree to INDEMNIFY AND HOLD The Regents of the University of California HARMLESS from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities, including attorney's fees brought as a result of my involvement at the [Karate Club at UCR] and to reimburse them for any such expenses incurred.

Severability: The undersigned further expressly agrees that the foregoing waiver and assumption of risks agreement is intended to be as broad and inclusive as is permitted by the law of the State of California and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

Acknowledgment of Understanding: I have read this waiver of liability, assumption of risk, and indemnity agreement, fully understand its terms, and **understand that I am giving up substantial rights, including my right to sue.** I acknowledge that I am signing the agreement freely and voluntarily, and **intend by my signature to be a complete and unconditional release of all liability** to the greatest extent allowed by law.

Signature of Parent/Guardian of Minor Date
Participant's Age (if minor) _____

Signature of User Date



UCR HIGHLANDER KARATE CUP DIVISION LIST

Skill Classification Rank For Division

Beginner	0 to 7th Kyu
Intermediate	6th to 4th Kyu
Advance/ Brown	3rd to 1st Kyu
Senior/ Black	Shodan & Up
Master/ Black	Ages 36 & Above; Shodan & Up

17 & Below Boys/ Girls
17 & Under Boys/ Girls
17 & Under Boys/ Girls
18 & Over M/F
18 & Over M/F
18 & Over M/F

TEAM KATA

Begin.	TK-1
Inter.	TK-2
Brown/ Black	TK-3
Begin.	TK-4
Inter.	TK-5
Brown/ Black	TK-6

KOBUDO

6-10 Boys/Girls	Beginner/ Inter	W-1
6-10 Boys/ Girls	Brown/ Black	W-2
11-14 Boys/ Girls	Beginner/ Inter	W-3
11-14 Boys/ Girls	Brown/ Black	W-4
15-17 Boys/ Girls	Beginner/ Inter	W-5
15-17 Boys/ Girls	Brown/ Black	W-6
18 & Over M/ F	Beginner/ Inter	W-7
18 & Over M/ F	Brown/ Black	W-8

TEAM KUMITE

15-17 Female	Brown/ Black	TS-1
15-17 Male	Brown/ Black	TS-2
18 & Above Female	Senior & Master	TS-3
18 & Above Male	Senior & Master	TS-4

TEAM KATA W/ BUNKAI

9-14 M/F	Brown/ Black	TKB-1
15-17 M/F	Brown/ Black	TKB-2
18 & Above M/F	Brown/ Black	TKB-3

SHOTOKAN KATA

17 & Above Female	Senior & Master	SK-1
17 & Above Male	Senior & Master	SK-2

KATA

6-8 B/ G	Beginner	K-1
6-8 B/ G	Intermediate	K-2
6-8 B/ G	Brown/ Black	K-3
9-11 Boys	Beginner	K-4
9-11 Boys	Intermediate	K-5
9-11 Boys	Advance	K-6
9-11 Boys	Senior	K-7
9-11 Girls	Beginner	K-8
9-11 Girls	Intermediate	K-9
9-11 Girls	Advance	K-10
9-11 Girls	Senior	K-11
12-14 Boys	Beginner	K-12
12-14 Boys	Intermediate	K-13
12-14 Boys	Advance	K-14
12-14 Boys	Senior	K-15
12-14 Girls	Beginner	K-16
12-14 Girls	Intermediate	K-17
12-14 Girls	Advance	K-18
12-14 Girls	Senior	K-19
15-17 Boys	Beginner	K-20
15-17 Boys	Intermediate	K-21
15-17 Male	Advance	K-22
15-17 Boys	Senior	K-23
15-17 Girls	Beginner	K-24
15-17 Girls	Intermediate	K-25
15-17 Girls	Advance	K-26
15-17 Girls	Senior	K-27
18 & 35 Male	Beginner	K-28
18 & 35 Male	Intermediate	K-29
18 & 35 Male	Advance	K-30
18 & 35 Male	Senior	K-31
18 & 35 Female	Beginner	K-32
18 & 35 Female	Intermediate	K-33
18 & 35 Female	Advance	K-34
18 & 35 Female	Senior	K-35
36 & Up Male	Beginner	K-36
36 & Up Male	Intermediate	K-37
36 & Up Male	Advance	K-38
36 & Up Male	Master	K-39
36 & Up Female	Beginner	K-40
36 & Up Female	Intermediate	K-41
36 & Up Female	Advance	K-42
36 & Up Female	Master	K-43

KUMITE

6-8 B/G	Beginner	S-1
6-8 B/G	Intermediate	S-2
6-8 B/G	Brown/ Black	S-3
9-11 Boys	Beginner	S-4
9-11 Boys	Intermediate	S-5
9-11 Boys	Advance	S-6
9-11 Boys	Senior	S-7
9-11 Girls	Beginner	S-8
9-11 Girls	Intermediate	S-9
9-11 Girls	Advance	S-10
9-11 Girls	Senior	S-11
12-14 Boys	Beginner	S-12
12-14 Boys	Intermediate	S-13
12-14 Boys	Advance	S-14
12-14 Boys	Senior	S-15
12-14 Girls	Beginner	S-16
12-14 Girls	Intermediate	S-17
12-14 Girls	Advance	S-18
12-14 Girls	Senior	S-19
15-17 Boys	Beginner	S-20
15-17 Boys	Intermediate	S-21
15-17 Boys	Advance	S-22
15-17 Boys	Senior	S-23
15-17 Girls	Beginner	S-24
15-17 Girls	Intermediate	S-25
15-17 Girls	Advance	S-26
15-17 Girls	Senior	S-27
18 & 35 Male	Beginner	S-28
18 & 35 Male	Intermediate	S-29
18 & 35 Male	Advance	S-30
18 & 35 Male	Senior	S-31
18 & 35 Female	Beginner	S-32
18 & 35 Female	Intermediate	S-33
18 & 35 Female	Advance	S-34
18 & 35 Female	Senior	S-35
36 & Up Male	Beginner	S-36
36 & Up Male	Intermediate	S-37
36 & Up Male	Advance	S-38
36 & Up Male	Master	S-39
36 & Up Female	Beginner	S-40
36 & Up Female	Intermediate	S-41
36 & Up Female	Advance	S-42
36 & Up Female	Master	S-43